

# Lunch Menu



Westbourne  
House School  
CHICHESTER

## Monday

mild Thai green chicken  
curry with coconut milk  
& prawn crackers



mild Thai vegetable  
curry (v)



rice,  
selection of  
vegetables



apple crumble with  
custard

## Tuesday

beef stroganoff with  
button mushrooms &  
sour cream



stir fried soya based  
protein & fresh  
vegetables (v)



selection of  
vegetables



shortbread krispie cake

## Wednesday

chicken, ham &  
sweetcorn casserole



pasta in an  
unsalted butter sauce  
with cheese and  
sunflower & pumpkin  
seeds (v)



selection of  
vegetables



chocolate fudge cake

## Thursday

honey & grain mustard  
baked gammon



grilled quorn fillet (v)



crispy roasted potatoes,  
selection of  
vegetables



coconut sponge &  
custard

## Friday

sustainable cod goujons  
in batter with tartare  
sauce & lemon  
wedges



fishless fish goujons (v)



French fries  
baked beans  
petit pois



strawberry Angel  
Delight

## Everyday Delights....

Yoghurt, chilled desserts and freshly cut fruit served daily

**SESAME & NUT FREE MENU**