

# Lunch Menu



Westbourne  
House School  
CHICHESTER

## Monday

mild Thai green curry with  
coconut milk & prawn crackers



mild Thai green vegetable  
curry (v)



sticky jasmine rice  
petit pois & sweetcorn



pasta with roasted red  
pepper sauce (v)



apple crumble with custard

## Tuesday

beef stroganoff with button  
mushrooms & soured cream



stir fried soya based  
protein, fresh vegetables  
& soy sauce (v)



new potatoes with fresh herbs  
mixed fresh vegetables



pasta in tomato sauce (v)



shortbread crispie cake

## Wednesday

chicken, ham & sweetcorn  
casserole



cranberry & brie wontons with  
noodles & stir fried  
vegetables (v)



creamy mashed potato  
sugar snap peas



nut free pesto pasta



chocolate fudge cake

## Thursday

hand sliced honey & grain  
mustard baked gammon



goats cheese crostini on  
toasted focaccia bread  
with chilli jam (v)



crispy roast potatoes  
with thyme  
steamed broccoli



pasta bolognese



coconut sponge & custard

## Friday

sustainable cod goujons  
in batter with tartar sauce &  
lemon wedges



mushroom arancini with  
mushroom sauce (v)



skinny French fries  
petit pois  
baked beans



pasta with chicken in  
white sauce with  
fresh herbs



strawberry angel delight

## Everyday Delights....

Range of fresh tasty salads

Baked potatoes and sweet potatoes available daily with hot and cold toppings

Yoghurt, chilled desserts and whole and freshly cut fruit served daily

**NUT AND SESAME FREE MENU**