

Lunch Menu



Westbourne
House School
CHICHESTER

Monday

meatballs in tomato sauce
▼
ratatouille vegetable
casserole with smokey
tomato sauce (v)
▼
mixed green vegetables
boiled rice or pasta
▼
pasta with tomato sauce (v)
▼
apple cobbler & custard

Tuesday

chicken pie topped with
shortcrust pastry
▼
broad bean, pea & spinach
risotto with parmesan cheese
& grilled asparagus (v)
▼
crushed new potatoes
broccoli
▼
rocket pasta pesto with
toasted pumpkin seeds (v)
▼
strawberry jelly with
fresh strawberries &
vanilla ice cream

Wednesday

roast loin of pork served with
apple sauce and pan gravy
▼
tarka daal with garlic, smoked
paprika & burnt onion
naan bread
onion bhaji
mango dressing (v)
▼
roast skin-on potatoes,
carrots & parsnips
▼
spaghetti bolognese
▼
salted caramel
millionaire's slice

Thursday

hunter's chicken with
bacon & bbq sauce
▼
oyster mushrooms,
bang bang cauliflower,
panko aubergine with
red rice, black rice dressing
and pea shoots (v)
▼
mashed potatoes
steamed broccoli
▼
pasta carbonara
▼
syrup sponge & custard

Friday

wholetail scampi
fresh tartare sauce
▼
butternut squash & goats
cheese cannelloni with
tomato sauce (v)
▼
French fries
petit pois
baked beans
▼
tomato & pesto pasta
▼
chocolate fudge cake
& cream

Everyday Delights....

Range of fresh tasty salads
Baked potatoes and sweet potatoes available daily with hot and cold toppings
Yoghurt, chilled desserts and freshly cut fruit served daily

NUT FREE MENU