

Lunch Menu



Westbourne
House School
CHICHESTER

Monday

beef meatballs in
tomato sauce, served with
penne pasta



pasta with tomato sauce (v)



sweetcorn
garden peas



apple crumble with custard

Tuesday

diced chicken chasseur
sliced mushrooms & bacon
in tomato sauce



quorn chicken chasseur (v)



sliced new potatoes
mixed green vegetables



nut free pasta pesto with
toasted pumpkin &
sunflower seeds (v)



coconut rice pudding
with pineapple chunks

Wednesday

chilli con carne
vegetarian bolognese (v)



boiled long grain rice
guacamole
tortilla chips
soured cream



pasta carbonara with bacon



rich chocolate krispie cake

Thursday

roasted breast of turkey
served with pan gravy



meatless steak with
vegetarian gravy (v)



steamed broccoli
crispy roasted potatoes



pasta in roasted
red pepper sauce (v)



lime jelly & ice cream

Friday

breaded and fried,
whole chicken breast fillet
'nuggets'



southern fried mock chicken
fillet 'nuggets' (v)



French fries
petit pois
baked beans



pasta with tomato sauce (v)



butterscotch mousse

Everyday Delights....

A range of fresh tasty salads
Baked potatoes and sweet potatoes available daily with hot and cold toppings
Yoghurt, chilled desserts and freshly cut fruit served daily

SESAME AND NUT FREE MENU