National Prep Schools Athletics Championships 2018

Thirteen pupils qualified to represent Sussex at this Championship on Tuesday 3rd July. Just being there is a real achievement, and hundreds of keen athletes had competed at their County competitions to qualify to attend. Jack Skinner and Juliette Franks were going in as County Champions along with the U14 Girls relay team. There were 12 areas there including Scotland! This meant there were a possible 24 athletes per event. It is a fantastic opportunity to compete against the top Prep School athletes at Alexander Stadium, a venue also used for the British Athletics Championships. The sun was shining and it was a great experience for all of those involved.

Our star performer of the day was **Jack Skinner** who made it onto the winners' podium collecting a bronze medal and certificate for the Discus with a new PB and School Record.

Results (remember this is NATIONALLY!):

Grace Hornby – Hurdles 13.27 7th in heat, 10th overall Ollie Morison – HJ 1.25 11th Lara Simpson – 1500m 5.37 13th

Jav 22.31 13th
Sophie Murphy – 100m 14.42 8th in heat, 16th overall
Jack Skinner – Discus 32.80 3rd PB & SCHOOL RECORD
Juliette Franks – Shot 7.20 4th
Laura Hantrais – 800m 2.45.82 9th in heat, 17th overall
U13 Girls Relay (Francesca, Elsie, Amber, Sienna) – 59.62 7th in heat, 15th overall
U14 Girls Relay (Comfort, Grace, Eloise, Sophie) – 56.18 4th in heat, 9th overall

Well done to the whole squad. We were very proud of you and it was a pleasure to share your day!