

WEEK 1 LUNCH MENU

Monday

butchers best
Cumberland sausages
and gravy

vegetarian sausages
and gravy

mashed potatoes
Baked beans

pasta with
tomato sauce

apple crumble with
cream

Tuesday

chicken thighs with
bbq sauce &
Cheddar cheese

Quorn steaks with
bbq sauce & Cheddar
cheese

sliced new potatoes
mixed green vegetables

Falafel with hummus &
mixed salad with
toasted seeds

nut free pesto pasta

vanilla rice pudding

Wednesday

chilli con carne

chilli sin carne

long grain rice
guacamole
soured cream
tortilla chips
taco shells

pasta in a carbonara
style sauce
with bacon

chocolate fudge cake

Thursday

roast turkey with
pan gravy

meat-free roast

oven roasted potatoes
steamed broccoli

deep fried brie with
carrot salad and
sweet chilli sauce

pasta in roasted red
pepper sauce

treacle sponge with
custard

Friday

breaded and oven baked
chicken fillet "nuggets"

chicken style fillets

curly fries
petit pois
baked beans

tarka daal with red
onion, tomato &
coriander salad

pasta in tomato sauce

chocolate brioche
with chocolate sauce

A range of fresh tasty salads, protein items and baked potatoes with hot and cold toppings are also available daily
Yoghurt, chilled deserts and freshly cut and whole fruit are also served.

WE ARE A NUT AND SESAME FREE SCHOOL