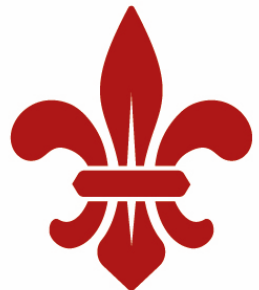


Westbourne House School

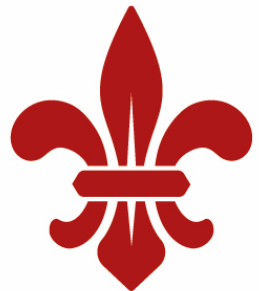


High
Performance
Learning



High Performance Learning

- The principles of HPL and why we are doing it.
- The ACPs and VAAs in general.
- How parents can help at home.



**The most important
development in education in
the 21st century is our
growing understanding of
human capability.**



We can grow minds



What do we need?

- Opportunities
- Support
- Motivation to achieve
- Practice

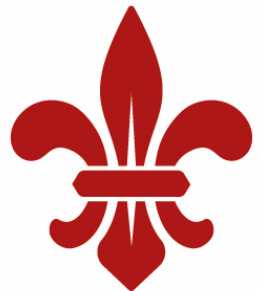


How ambitious should we be?



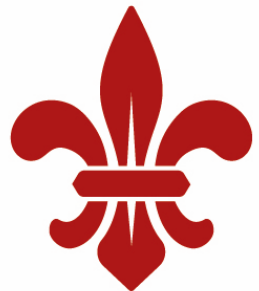
“Talent” is grotesquely overrated. Deliberate practice is the secret to excellence.

Some take longer to reach the same point.

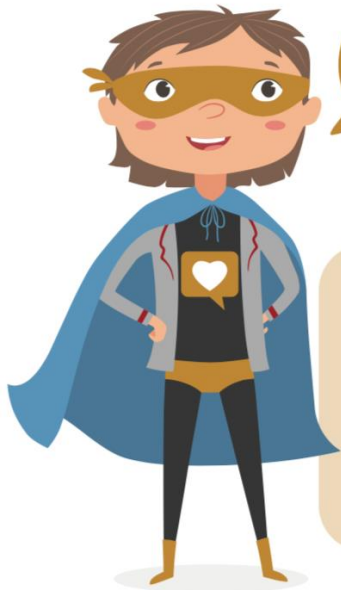


High performance learning

- Analysis about how “gifted” people think and learn.
- Identified characteristics that these people exhibit.
- The traits broadly fall into Behavioural Traits (VAAs) and Thinking Traits (ACPs).



Master Empathetic



I can listen and look out for others as part of a team.

Agile Woman



I am open-minded and can think around a problem to explore different paths.

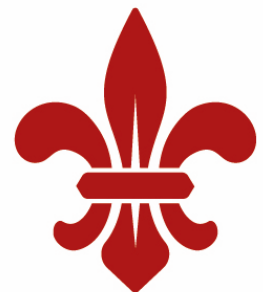
Mr Hard-working



I can keep practising until I reach my target, even when things get hard.

Behaviour traits

Values Attitudes and Attributes (VAAs)



Meta-thinking Girl



Analysing Boy



I can think logically and find the right approach

Princess Creating



I can create new ideas flexibly and fluently.

Captain Linking



thing
under
listen
to s

Major Realising

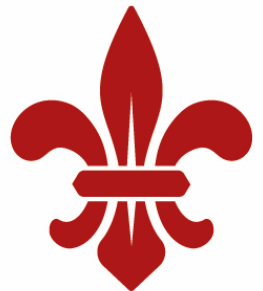


I can use my skills accurately and automatically.

Thinking traits

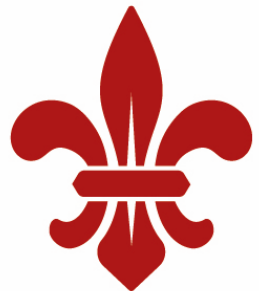
Advanced Cognitive Performance Characteristics (ACPS)

Video of pupils



Key principles

- High performance is a target for all.
- There are generic characteristics that all students need to develop.
- We can systematically teach students how to be 'intelligent' and how to succeed in school and life.
- Our students can all become intellectually and socially confident .



Further reading

